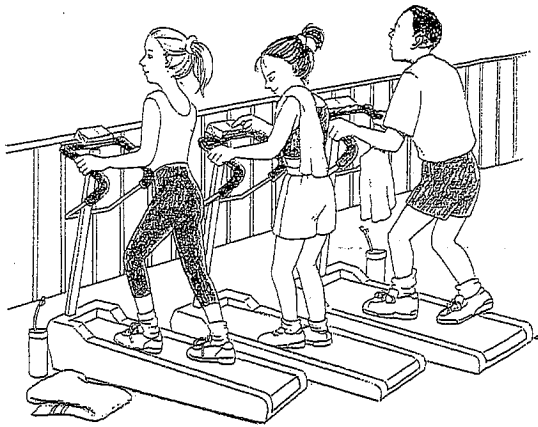


STUDENT GUIDE 43.1

Choosing a Membership Plan at a Health Club



Situation/Problem

Imagine that you have decided to join a health club. You visited the club and asked for information about membership plans. When you review the information, you find that there are several plans and want to choose the plan that best suits your needs, but at the most reasonable cost. After making your selection (from Data Sheet 43.2), write an explanation, offering your reasons for choosing the plan you did.

Possible Strategies

1. Think about your needs. What types of activities would you like to do at a health club: weight training, exercising using different kinds of equipment, aerobics, basketball, tennis, or volleyball, for example?
2. Examine the various plans to see which ones offer what you want most.
3. Consider the times you could go to work out. Are all of the activities you want to participate in available when you can go?
4. Compare the plans, and evaluate the costs of each.

Special Considerations

- Review Data Sheet 43.2, which contains several membership plans from which you can choose.
- Carefully consider whether you would be satisfied participating in only your favorite activities. Do you want the privilege of taking part in everything the club offers?

Choosing a Membership Plan at a Health Club (Cont'd.)

- Check the off-hour rates. If the activities you are most interested in are offered then, you may be able to save on costs.
- To compare the costs per visit of different yearly plans, estimate the number of times per month you expect to work out and multiply by 12. This will give you the total number of visits for the year. Now divide the cost of the plan by the number of visits. Your answer will be the cost per visit. Compare that to the cost of "pay as you go."
- Some activities require partners (tennis), and others require teams (volleyball and basketball). Does the club offer leagues, which will provide you with partners or teams? Or will you have to join with friends? If you were to join with friends, would they be able to work out when you could?
- After selecting your membership plan, write an explanation detailing your reasons for choosing this plan over the others. Be prepared to orally explain your reasons.
- Write your explanation on a computer, which will make the task of revision easier.

To Be Submitted

Your explanation. *POWER POINT PRESENTATION WITH MATHEMATICAL COMPARISONS -*

Notes

MUST COMPARE 4 DIFFERENT HEALTH CLUBS.